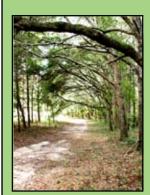


# The Leon County Connecting Citizens with Leon County Services

The Link is published the first Wednesday of each month in the local section of the Tallahassee Democrat.

# **Leon County Announces Grand Opening of the Apalachee Regional Park Trail**



Leon County Parks Recreation announces the grand opening of its newest park trail, the Apalachee Regional Park Trail, which is affectionately being called "Jewel of the Southeast."

The first event to be held at the trail will be the 2009 Florida State University Cross Country Invitational

and will begin at 7:50 a.m. on Saturday, Oct. 10, 2009, at 7550 Apalachee Pkwy.

For more information on the Invitational, visit www.seminoles.com/sports/c-xc/fsu-c-xcbody.html, and for more information on the trail, contact Leon County Parks & Recreation at (850) 606-1470 or visit www.leoncountyfl. gov/parks.



# **Cans for Cash A Community Recycling Challenge**

The Leon County and the City of Tallahassee have teamed up to celebrate America Recycles Day with "Cans for Cash," an electronics recycling and a book swap.

Residents and schools are challenged to collect cans October 1 - October 31 and bring them to the "Recycling starts with I CAN" rally on Saturday, Nov. 14, 2009, between 9 a.m. and 2 p.m. at Home Depot on Capital Circle NE. "CANtributors" will be paid \$0.30 per pound of aluminum cans.

Schools can compete in one of four categories: Public Elementary Schools, Public Middle Schools, Public High Schools, and Private Schools (all). The winning school in each category will receive a \$100 gift card from Home Depot. Individual "CANtributors" may donate their earnings to the school of their choice.

Tallahassee residents may also bring electronics to the "I CAN" rally. Contact Leon County Recycling at (850) 606-1823 for acceptable electronics.

Don't forget to bring your paperback and hardbound books to swap with others. This is a great opportunity for teachers and residents to obtain free books. All leftover books will be donated to the Goodwill bookstore.

For more information on recycling, please visit www.leoncountyfl.gov/recycling or www. talgov.com/you.

### Leon County Friends of the **Library Book Sale**

The Leon County Public Library is seeking donations of gently-used books, videos and DVDs from the community to be sold at the Friends of the Library Book Sale on Oct. 17 and 18, 2009.

For more information, call the LeRoy Collins Leon County Public Library System at (850) 606-2665.

## **LEON COUNTY EMS PROVIDES CPR AND AED CLASSES**



More than 250,000 people suffer from sudden cardiac arrest each year in the United States. Permanent brain damage and death can start to occur only four minutes after the heart stops pumping blood. CPR, or cardiopulmonary resuscitation, can provide a victim's heart and brain

with life-sustaining oxygen while paramedics are on the way. Combine CPR and an Automated External Defibrillator, or AED, and increase a victim's odds of survival even further.

For information on how to set up free CPR classes for your workplace, community or neighborhood group, call EMS Capt. Sally Davis at (850) 606-2113. Please note: This is not a certifying class but is a class to provide you with the skills and knowledge to become confident to perform CPR and use AEDs.

#### **Electronics Recycling Collection Event**

Leon County Recycling would like to announce an opportunity for residents of Leon County to dispose of some of their old electronics in a safe and efficient way. Electronics are considered hazardous waste and cannot be collected curbside, so they must be taken to a facility.

This one-day event will take place Saturday, Oct. 24, 2009, from 9 a.m. to 1 p.m. Residents, not businesses, may bring virtually all electronics to the Huntington Oaks Plaza facility on the corner of North Monroe Street and Fred George Road.

For more information, you can contact Leon County Recycling at **(850) 606-1823** or go to www.leoncountyfl.gov/recycling.



#### October 2009 **Board of County Commissioners Schedule**

Workshop on Minority/Women Small Business **Enterprise (MWSBE)** 

12 p.m., County Courthouse, 5th Floor, Chambers

**Board of County Commissioners Regular Meeting** 3 p.m., County Courthouse, 5th Floor, Chambers

Joint City/County Meeting Regarding the Approval of the Selection of Construction-Manager **Services for the Public Safety Complex** 5 p.m., County Courthouse, 5th Floor, Chambers

**Board of County Commissioners Public Hearing** 6 p.m., County Courthouse, 5th Floor, Chambers

Joint City/County Adoption Hearing on Cycle 2009-2 Comprehensive Plan Amendments and Joint City/County 2010-1 Transmittal Hearing 6 p.m., County Courthouse, 5th Floor, Chambers

19 Community Redevelopment Agency Meeting (CRA) 12 p.m., City Hall, 300 S. Adams, 2nd Floor Commission Chambers

**Capital Region Transportation Planning Agency** (CRTPA) 1 p.m., City Hall, 300 S. Adams, 2nd Floor **Commission Chambers** 

27 Board of County Commissioners Workshop on 2010 State and Federal Legislative Priorities

**Board of County Commissioners Regular Meeting** 3 p.m., County Courthouse, 5th Floor, Chambers

1:30 p.m., County Courthouse, 5th Floor, Chambers

The Link is produced by the Leon County Public Information Office, 301 S. Monroe Street, Suite 502 - (850) 606-5300.