



The Leon County Link is published each month in the Tallahassee Democrat and Capital Outlook.

PEOPLE FOCUSED. PERFORMANCE DRIVEN.

GROW HEALTHY, EAT HEALTHY WORKSHOPS



Nutritious Meals from Seed to Fork!

Join Leon County Cooperative Extension for a free healthy living demonstration at a Leon County Library near you!

The Grow Healthy, Eat Healthy Workshops will allow you to:

- Learn about the Leon County Seed Library Program.
- Learn about the different varieties of fall vegetables you can grow and how to protect your plants from cold weather.
- Find out how to cook healthy meals using fresh produce.
- Watch a cooking demonstration.
- Take home recipe cards for healthy meals you can try.
- Participate in a Q&A session about growing healthy & eating healthy.

For more information, please visit Leon.ifas.ufl.edu or contact Leon County Cooperative Extension at (850) 606-5200.

Workshop Dates

July 28 • 6:15 p.m. - 7:30p.m.
Eastside Branch Library
1583 Pedrick Road

July 30 • 6:15 p.m. - 7:30 p.m.
Woodville Branch Library
8000 Old Woodville Road

August 6 • 6:15 p.m. - 7:30 p.m.
LeRoy Collins Main Library
200 W. Park Ave.

August 13 • 6:15 p.m. - 7:30 p.m.
Dr. B.L. Perry Jr. Branch Library
2817 S. Adams Street

Explore the County's Lakes, Rivers & Streams

Water bodies are an integral part of the County's ecosystem and provide various recreational activities including fishing, bird watching, hunting, boating, and swimming. Some water bodies eventually drain into sinks and enter the groundwater, which is a primary source of drinking water for much of the state. For these reasons it's very important to protect these water bodies for our physical, mental, and economic health.

Your Leon County Government tests local water bodies to monitor the health of these systems and to ensure they remain healthy.

Here Are Ways You Can Help:

- Observe and Explore Local Water Resources
- Learn about Water Quality Issues
- Practice Behaviors to Improve Water Quality



To learn more about Leon County's water bodies and how you can help, visit www.LeonCountyFL.gov/Water or contact Leon County Public Works: (850) 606-1500

Summer Reading Program at Your Leon County Library

Everyone can enjoy summer reading at the library!

The summer reading program includes activities throughout the library system. Please consult the library calendar online or ask at any library.

Reading over the summer keeps children's reading skills up, and teens and adults enjoy finding new and exciting titles for lazy summer days.

Monday Nights @ Main (6:30 each Monday at the Main Library) feature fun programs for children and their families.

Check the libraries' calendars to find more special activities for all ages at: www.LeonCountyLibrary.org

Don't forget to download audiobooks and ebooks with your library card. It's convenient and easy!

Downloadable media can be found on the library's website.



For more information, contact the Main Library: (850) 606-2665 • www.LeonCountyLibrary.org

Leon County's Probation Division Plans to Relocate

Leon County's Office of Intervention and Detention Alternatives would like to inform citizens about the upcoming relocation of their **Probation Division** to 501 Appleyard Drive. While the move will occur near the end of summer, please check in with County staff if you have questions.

The move will enable staff to improve services by establishing a continuity of supervision through Pretrial and Probation while creating a cost savings for all Leon County citizens.

The relocation will not create any interruption to services and clients should continue to report as scheduled.

For more information, please contact Leon County's Office of Intervention and Detention Alternatives at: (850) 606-5600

Big Bend Pop Warner Fall Registration Still OPEN

Leon County encourages young athletes to stay active this summer with Big Bend Pop Warner. There is still time to register for Pop Warner's fall football and cheerleading program. The program accepts participants ages 5 through 15, and is a certified USA Football, Heads Up Football program.

This certification provides a better, safer experience for players through a comprehensive education of coaches to teach tackling fundamentals that reduce the risks of concussions and neck injuries.

What to Bring to Registration?

- Original Birth Certificate (with raised seal).
- Participant Contract/Parental Consent Form - name must match birth certificate exactly.
- Physical Form - dated after January 1st of current year and signed and stamped by physician.
- Year-End report card for current year (4 quarters).

Register today! Season begins August 1.



For more information, call (850) 778-5353.

To register and for more information, visit: www.BigBendPopWarner.org

LEON COUNTY GOVERNMENT REMINDS YOU TO SHOP & DINE KINHEGA DRIVE



DURING ROAD IMPROVEMENTS

Learn more information at:
www.LeonCountyFL.gov/Kinhega

July 2015 BOARD OF COUNTY COMMISSIONERS SCHEDULE

7 Board of County Commissioners Regular Meeting*
3 p.m., County Courthouse, 301 S. Monroe St.,
5th Floor, Commission Chambers

Board of County Commissioners Public Hearings*
6 p.m., County Courthouse, 301 S. Monroe St.,
5th Floor, Commission Chambers

9 Community Redevelopment Agency (CRA)
9:30 a.m. - 11:30 a.m., City Hall, 300 S. Adams,
2nd Floor, Commission Chambers

21 Board Recess, No Meeting

*Live television broadcast available on Comcast Channel 16;
webcast available anytime at www.LeonCountyFL.gov.